

# Fruity Fruit

HAPPY  
FEET  
FITNESS

Let's sing!

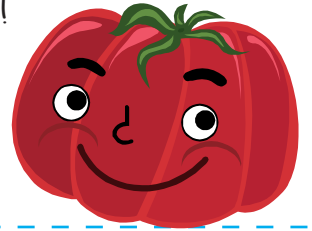
We like Fruit, yes we do,  
Yummy, healthy fruit is good for you,  
We like fruit, yes we do, Helps us to be healthy,  
yummy fruit for you!



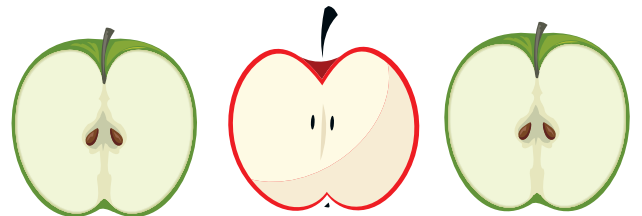
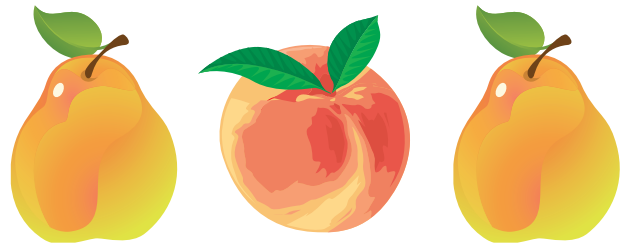
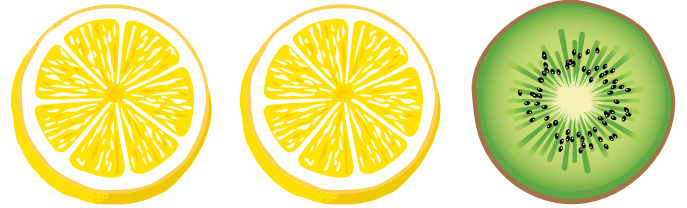
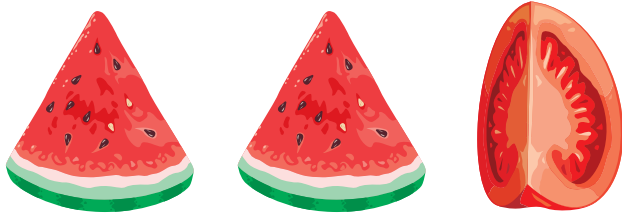
What does your favourite fruit look like?

## Fun Fact.

Tomatoes are fruit, not vegetables. Tomatoes are the most popular fruits in the world!



Which one is different?



**Activity Suggestions!** Yummy Fruit is good for you!

- # Create a fruit shop at the table
- # Fruit stamping
- # Add fruit and vegetables to home corner
- # Making fruit kebabs for afternoon tea

- # Fruit bingo
- # Coloured fruit sorting and counting
- # Fruit tastings
- # Healthy food pyramid posters in home or around home corner

- # Eat A lot - Eat a little game
- # Fruit Toss- Let the children take turns trying to toss fruit into a basket