

Rhythm

Let's sing!

We can move to the Rhythm and dance to the beat, we can groove to the music and stomp our Happy Feet!

HAPPY FEET FITNESS

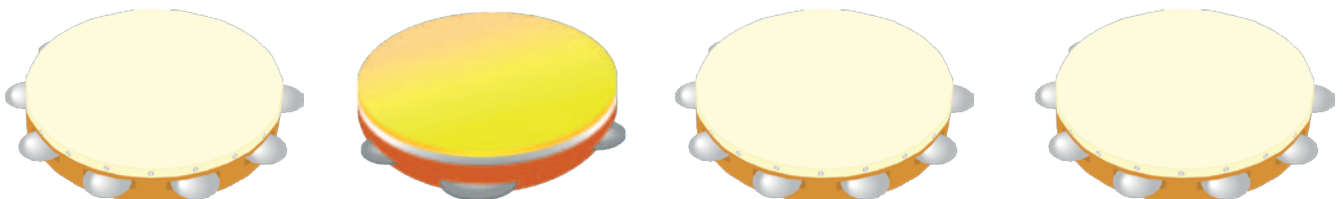
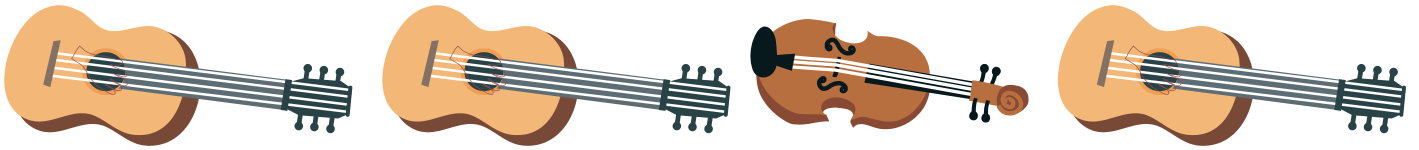
What is your favourite instrument?



Fun Fact.

Rhythm is everywhere, not just in music. Walking, running, talking, ocean waves, and all sorts of things we do and feel have rhythm. In fact the first thing we all hear is the rhythm of our mum's heartbeat.

Which one is different?



Activity Suggestions! I just want to sing and dance..

- # Punchinello
- # Move to the beat
- # Parachute fun
- # Musical instrument session

- # Repeat and copy my clapping
- # Singing familiar songs
- # Dancing with ribbons to favourite music
- # Action dances such as Hocky Pokey

- # Nursery Rhyme stories on book corner for small group rhyming
- # Say a word and see if the children can find a word that rhymes with it