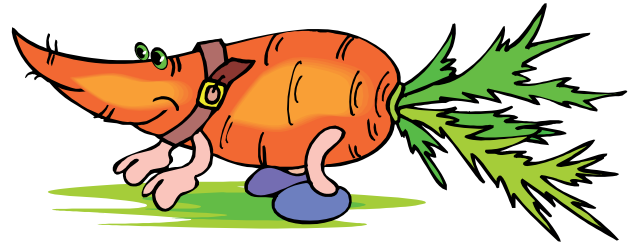
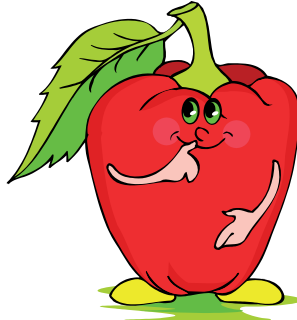


# Vegetables!

Let's sing!

HAPPY  
FEET  
FITNESS

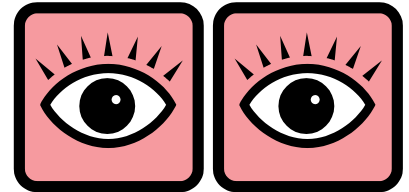
Eating vegetables everyday will help you run, jump and play  
Putting vegetables on your plate will make your body feel great



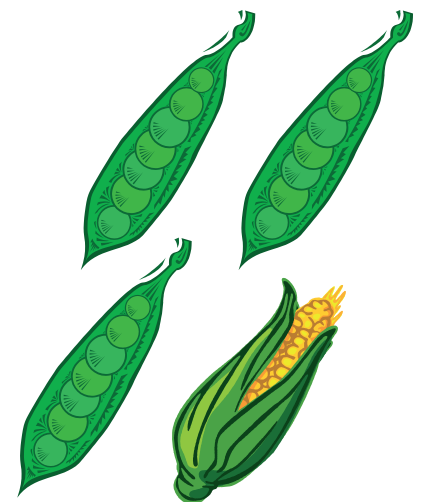
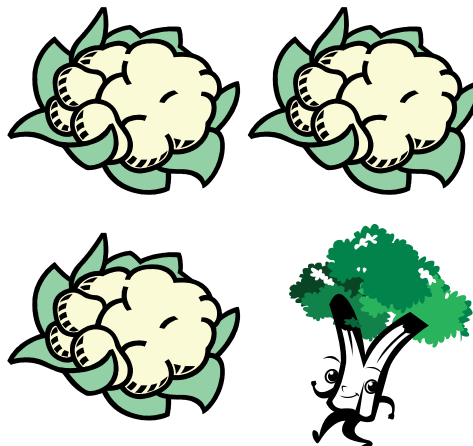
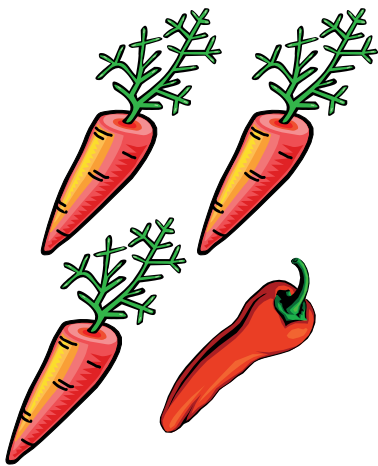
What does your favourite vegetable look like?

Vege Fun Fact.

Did you know that Doctors say carrots help eyes to see better, especially at night



Which one is different?



Activity Suggestions! fun and healthy eating games

- # Create a vegetable Face
- # Add vegetable to home corner
- # Vegetable stamping
- # Vegetable sorting and counting
- # Make a vegetable hat
- # Healthy eating discussion
- # Healthy Eating Bingo
- # Vegetable Tastings
- # Vegetable Bingo